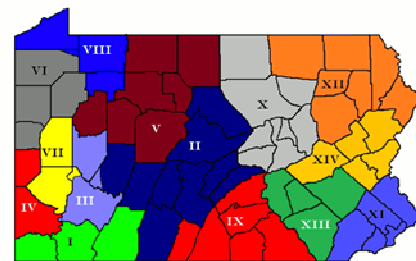


**PENNSYLVANIA JUNIOR WRESTLING**  
**2016 AREA XI**  
**SECTIONAL CHAMPIONSHIP**



**PJW Area XI Youth Sectional Qualifier**  
 Entry Fee \$27

<b>North Sectional Qualifier</b> Sunday, February 21st 2016 Wrestling Starts at 8:30 AM  William Tennent High School 333 Centennial Rd. Warminster, PA 18974	<b>South Sectional Qualifier</b> Sunday, February 14 <sup>th</sup> 2016 Wrestling Starts at 8:30 AM  Kennett High School 100 E South Street Kennett Square, PA 19348
<b>Weigh In:</b>	<b>Weigh In:</b>
Saturday, February 20 <sup>th</sup> 2016 4:00 to 6:00 PM Sunday, February 21st 2016 6:30 to 7:30 AM  William Tenant High School 333 Centennial Rd. Warminster, PA 18974	Friday, February 12 <sup>th</sup> 2016 6:00 – 8:00 PM  ET Richardson Middle School 20 W Woodland Ave Springfield, PA 19064
<b>Contact</b>	<b>Contact</b>
Anthony Tamburino <a href="mailto:xtrememma@icloud.com">xtrememma@icloud.com</a> / 215-480-7831	Mike Gildae <a href="mailto:mgildea123@comcast.net">mgildea123@comcast.net</a> / 215-873-6120

**PJW Area XI Youth Championship**

Saturday, March 19 <sup>th</sup> 2016 Weigh Ins: 7-8AM Wrestling Start 9:00AM	Malvern Preparatory School 418 S Warren Ave Malvern, PA 19355
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**AGE EFFECTIVE DATE:** A wrestler's age group classification is determined by his/her age on December 31, 2015.  
 EXAMPLE: A wrestler's 11th birthday is 1/1/2016. That wrestler competes in the 9-10 division.

**FORMAT: Double elimination** (no true second) with awards for the top three finishers in each weight class.

**ELIGIBILITY:** Only full-time residents of Bucks, Chester, Delaware, Montgomery and Philadelphia Counties as well as Berks county residents who reside in Boyertown or Upper Perkiomen School districts may enter the PJW JHS Area XI Championships.

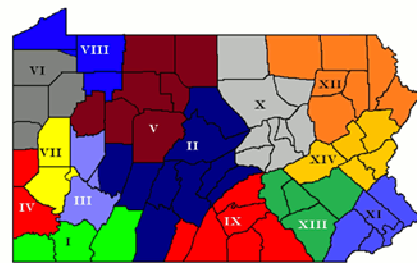
**AREA XI CHAMPIONSHIPS: The top four (4) place winners\*** in each Sectional Qualifier advance to the Area XI PJW Championships on March 19<sup>th</sup> 2016. Area XI Championship to be seeded by formula from results of sectional qualifiers. Weigh ins will be "Day Of Competition" no exceptions. (\* Future Champion Brackets do not advance)

**ADVANCING WRESTLERS:** All Advancing wrestlers **must** submit an advancement form at the sectional championship with a \$10 (Cash Only) advancement deposit. The advancement deposit will be refunded at the Area Championship weigh-in.

# **PENNSYLVANIA JUNIOR WRESTLING**

## **2016 AREA XI**

### **SECTIONAL CHAMPIONSHIP**



*On behalf of the Pennsylvania Junior Wrestling Area XI committee we would like to invite you to what we hope will be the best wrestling experience possible. This year's Pennsylvania Junior Wrestling Youth Area Championship will include two sectional tournaments. The top four wrestlers from each Sectional Qualifier will advance to the Area XI Championship on March 19<sup>th</sup> 2016 @ Malvern Preparatory School*

*Each of the sectional qualifiers is a double elimination tournament designed to provide each participant with the best experience possible and ample opportunity to advance to the Area XI Championship.*

*The Area XI committee is making every effort to assure that the Championship series is the gold standard in youth wrestling. To provide the most opportunity for kids the top four finishers in each of the 8 & under, 9-10 and 11-12 divisions will advance to the PJW Youth Area XI Championship.*

*Once again each of our Sectional qualifiers will host an Area XI Future Champion Tournament in conjunction with the Area XI Championship. The Future Champion tournament is a double elimination format identical to the Sectional Championship.*

*The Future Champions Brackets are open to all first and second year wrestlers. We do not want to discourage younger wrestlers from entering so any experience prior to 5 years old does not count. That means all kids are eligible through 6 years old regardless when you start. A wrestler that starts at 4 years old is eligible when he is 4, 5 and 6; a wrestler that starts at 5 is eligible when he is 5 and 6; a wrestler that starts at 6 is eligible when he is 6 and 7....and so on. Or goal is to give newer wrestlers the opportunity to become part of the PJW brotherhood.*

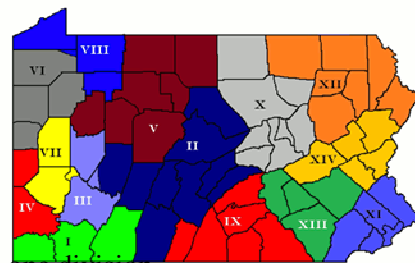
*The Future Champions' brackets are intended to create a level playing field where newer wrestlers can compete so a wrestler that placed top 3 in an open tournament is not eligible (All Tot and Pee Wee competition is considered novice even if it is at an open event.) and any wrestler competing in the PJW Sectional Qualifier is not eligible to wrestle as a Future Champion.*

*Thank You  
Charles Springer, Area Chairman  
Arthur "Duke" Dudkiewicz, Vice Chairman*

# PENNSYLVANIA JUNIOR WRESTLING

## 2016 AREA XI

### SECTIONAL CHAMPIONSHIP



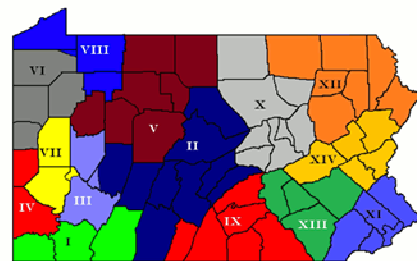
#### RULES AND REGULATIONS

1. Participants may only compete in one sectional tournament, one weight class and one division.
2. There is no weight allowance. PJW's does not promote weight loss. Wrestle at a weight that you will be able to make at a later dates.
3. A wrestler cannot wrestle outside his/her age group, unless he/she weighs more than the heaviest weight class in his/her age group.
4. PJW, National Federation and PIAA rules will govern all matches except as follows:
  - All Future Champion bouts will consist of three periods of 1 - 1 - 1.
  - Future Champion Overtime: 1 minute sudden death followed by one (1) 30 second ride out period.
  - All U8, 9-10 and 11-12 bouts in the championship bracket will consist of three periods of 2 - 1 - 1.
  - All Consolation matches will consist of three periods of 1-1-1.
  - Overtime to be 1-30-30-30 ride out (1<sup>st</sup> point gets choice)
5. Future Champion Novice Classification
  - a. This championship is open to all first and second year wrestlers except as noted in b.
  - b. Experience prior to 5 years old does not count so all kids are eligible through 6 years old regardless when you start. A wrestler that starts at 4 years old is eligible when he is 4, 5 and 6; a wrestler that starts at 5 is eligible when he is 5 and 6; a wrestler that starts at 6 is eligible when he is 6 and 7....and so on.
  - c. Honors – Any wrestler that placed top 3 in an open tournament is not eligible. (All Tot and Pee Wee competition is considered novice even if it is at an open event.)
6. HEADGEAR IS REQUIRED IN ALL PJW TOURNAMENTS
7. Mouth Guards are recommended for participants with braces.
8. A wrestler's age group classification is determined by his/her age on December 31, 2015.  
EXAMPLE: A wrestler's 8th birthday is 1/1/2016. That wrestler competes in the 6-7 division.
9. AGE CHALLENGE RULE - Challenger and Challenged must provide proof of age. Bring your Birth certificate with you.) Birth certificates or copies of birth certificates will be required of all finalists at the Area XI Tournament and for all wrestlers competing in the PJW State Championship Tournament.

State Qualifier Divisions and Brackets															
8 & under	45	50	55	60	65	75	90	110							
9-10 Brackets	55	60	65	70	75	80	85	90	95	105	120	150			
11-12 Brackets	65	70	75	80	85	90	95	100	105	115	125	135	145	160	200

Future Champion Divisions and Brackets															
5 & under	40	45	50	55	unl										
6-7 Brackets	45	50	55	60	65	70	80	110							
8-9 Brackets	55	60	65	70	75	80	85	90	95	105	120	150			

# PENNSYLVANIA JUNIOR WRESTLING 2016 AREA XI SECTIONAL CHAMPIONSHIP



## Area XI Championship Advancement Form

State Qualifier Divisions and Brackets (Circle Division and Weight Class)															
8 & under	45	50	55	60	65	75	90	110							
9-10 Brackets	55	60	65	70	75	80	85	90	95	105	120	150			
11-12 Brackets	65	70	75	80	85	90	95	100	105	115	125	135	145	160	200
Wrestlers Name:															
Sectional Result: (Circle Sectional and place)								North / South				1 2 3 4			
Address:															
School District:								County:							
Emergency Contact:								Phone:							

Don't Forget!

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**NFHS MEDICAL RELEASE FORM  
FOR WRESTLER TO PARTICIPATE WITH SKIN LESION(S)**

The National Federation of State High School State Associations' (NFHS) Sports Medicine Advisory Committee has developed a medical release form for wrestlers to participate with skin lesion(s) as a suggested model which has been adopted by PIAA. The NFHS Sports Medicine Advisory Committee (SMAC) conducted a survey among specialty, academic, public health and primary care physicians and reviewed extensively the literature available on the communicability of various skin lesions at different stages of disease and treatment. No definitive data exists that allow us to absolutely predict when a lesion is no longer shedding organisms that could be transmitted to another wrestler. Another finding from the survey was the significant differences that exist among physicians relating to when they will permit a wrestler to return to participation after having a skin infection.

Neither the NFHS nor the NFHS SMAC presumes to dictate to professionals how to practice medicine. **Nor** is the information on this form meant to establish a standard of care. The NFHS SMAC does feel, however, that the guidelines included on the form represent a summary consensus of the various responses obtained from the survey, from conversations and from the literature. The committee also feels that the components of the form are very relevant to addressing the concerns of coaches, parents, wrestlers and appropriate health-care professionals that led to the research into this subject and to the development of this form.

**GOALS FOR ESTABLISHING A WIDELY USED FORM:**

1. Protect wrestlers from exposure to communicable skin disorders. Although most of the skin lesions being discussed generally have no major long term consequences and are not life threatening, some do have morbidity associated with them and student-athletes should be protected from contracting skin disorders from other wrestlers or contaminated equipment such as mats.
2. Allow wrestlers to participate as soon as it is reasonably safe for them and for their opponents and/or teammates using the same mat.
3. Establish guidelines to help minimize major differences in management among appropriate health-care professionals who are signing "return to competition forms". Consistent use of these guidelines should **reduce the likelihood** wrestlers catching a skin disease from participation and **suffering** from inequalities as to who can or cannot participate.
4. Provide a basis to support appropriate health-care professional decisions on when a wrestler can or cannot participate. This should help the appropriate health-care professional who may face incredible pressure from many fronts to return a youngster to competition ASAP. This can involve any student athlete who never wins a match or the next state champion with a scholarship pending.

**IMPORTANT COMPONENTS FOR AN EFFECTIVE FORM:**

1. Each state association needs to determine which appropriate health-care professional can sign off on this form.
2. Ensure that appropriate health-care professionals will understand that covering a contagious lesion is not a permitted option. Covering a non-contagious lesion after adequate therapy to prevent injury to lesion is acceptable.
3. Inclusion of the date and nature of treatment and the earliest date a wrestler can return to participation. This should **mitigate** the need for a family to incur the expense of additional office visits as occurs when a form must be signed within three days of wrestling as some do.
4. Inclusion of a "bodygram" with front and back views should clearly identify the lesion in question. Using non-black ink to designate skin lesions should result in less confusion or conflict. Also including the number of lesions protects against spread after a visit with an appropriate health-care professional.
5. Inclusion of guidelines for minimum treatment before returning the wrestler to action as discussed above. This should enhance the likelihood that all wrestlers are managed safely and fairly.
6. Inclusion of all of the components discussed has the potential to remove the referee from making a medical decision. If a lesion is questioned, the referee's role could appropriately be only to see if the coach can provide a fully completed medical release form allowing the wrestler to wrestle.

**Revised/Approved by NFHS SMAC - April 2015 / PIAA Revised May 4, 2015**

**NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS SPORTS MEDICINE ADVISORY COMMITTEE  
MEDICAL RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION**

251661312251662336251663360251664384251665408251666432251667456251668480 Student's Name: \_\_\_\_\_  
Age: \_\_\_\_\_ Grade: \_\_\_\_\_

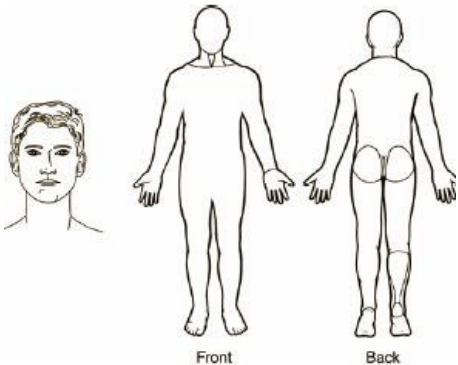
Enrolled in \_\_\_\_\_ School

Diagnosis: \_\_\_\_\_

Mark Location AND Number of Lesion(s)

Location AND Number of Lesion(s): \_\_\_\_\_

Medication(s) used to treat lesion(s): \_\_\_\_\_



Date Treatment Started: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_\_

Form Expiration Date for this Lesion (Note on Diagram(s)): \_\_\_\_/\_\_\_\_/\_\_\_\_

Earliest Date the Wrestler May Return to Participation: \_\_\_\_/\_\_\_\_/\_\_\_\_

Treating Certified Physician Assistant, Certified Registered Nurse Practitioner,  
or Physician's Name (print/type): \_\_\_\_\_ License # \_\_\_\_\_

Address: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Treating Certified Physician Assistant, Certified Registered Nurse Practitioner,  
or Physician's Signature: \_\_\_\_\_ Date of Exam: \_\_\_\_/\_\_\_\_/\_\_\_\_

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling:

**Bacterial Diseases (impetigo boils):** To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for three days is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

**Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum):** To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

**Tinea Lesions (ringworm on scalp or skin):** Oral or topical treatment for 72 hours on skin and oral treatment for 14 days on scalp.

**Scabies, Head Lice:** 24 hours after appropriate topical management.

**Conjunctivitis (Pink Eye):** 24 hours of topical or oral medication and no discharge.

**Molluscum Contagiosum:** Upon treatment with curettage and hyfrecator, may cover with bioocclusive and wrestle immediately.

**NOTE TO TREATING CERTIFIED PHYSICIAN ASSISTANT, CERTIFIED NURSE PRACTITIONER, OR PHYSICIAN:** Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please become familiar with NFHS Wrestling Rules 4-2-3, 4-2-4, and 4-2-5, which states:

*"ART. 3 . . . If a participant is suspected by the referee or Coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the Coach shall provide current written documentation as defined by the NFHS or the state associations, from a licensed physician of medicine or osteopathic medicine (MD or DO) stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or Tournament. The only exception would be if a designated on-site meet licensed physician of medicine or osteopathic medicine (MD or DO) is present and is able to examine the wrestler either immediately prior to or immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."*

*"ART. 4 . . . If a designated on-site meet licensed physician of medicine or osteopathic medicine (MD or DO) is present, he/she may overrule the diagnosis of the licensed physician of medicine or osteopathic medicine (MD or DO) signing the medical release form for a wrestler to participate or not participate with a particular skin condition."*

*"ART. 5 . . . A contestant may have documentation from a licensed physician of medicine or osteopathic medicine (MD or DO) only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."*

Once a lesion is considered non-contagious, it may be covered to allow participation.

Revised/Approved by NFHS SMAC – April 2015 / PIAA Revised May 4, 2015

